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Good health and well-being





Dr. Saida Farajova

Lecturer at Lankaran State University
Infectious Disease Specialist and Medical Education Expert

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Professional Profile

A medical professional with extensive experience in healthcare and medical education, demonstrating a strong sense of responsibility and commitment to her work. She has professional expertise in the prevention, diagnosis and treatment of infectious diseases, first aid, sanitary and hygiene practices, and infection prevention and control. Alongside her ongoing medical practice, she contributes to the education and training of future healthcare professionals.

Current Position and Responsibilities

Currently works as a Lecturer at the Department of Physics, Chemistry and Biology at Lankaran State University. She teaches the course “First Aid”.
In addition, she provides first aid to university staff and students and contributes to activities aimed at protecting their health and raising health awareness within the university community.

Professional Skills

Providing first aid;
Teaching medical knowledge and practical skills;
Health protection and preventive healthcare measures;
Health education and promotion of healthy lifestyles;
Organization of medical services and patient care.

Professional Development

Continuous development of professional knowledge and skills in first aid and healthcare services;
Keeping up to date with modern developments in healthcare, health education and health protection;
Improving knowledge and experience in medical education and first aid instruction.



Lankaran State University has conducted awareness-raising activities on personal hygiene, environmental cleanliness, food safety, and the prevention of infectious diseases. These activities have contributed to protecting health, promoting proper hygiene practices, and raising awareness of the importance of preventive measures.

Scientific Seminar on “A Healthy Mind – A Healthy Generation”





An awareness-raising event was held at Lankaran State University (LSU) to strengthen efforts to combat drug addiction among young people and promote a healthy lifestyle.





An awareness-raising seminar on the harmful effects of smoking, alcohol consumption, and drug abuse was held at Lankaran State University. The seminar aimed to raise students' awareness of the negative consequences of harmful habits, promote a healthy lifestyle, and encourage young people to avoid such habits.





Lankaran State University organizes free medical seminars and trainings for students and staff from time to time. Emergency and urgent medical assistance services are provided in cooperation with the relevant departments of the Ministry of Health of the Republic of Azerbaijan in Lankaran.The university provides free psychological medical support for students and staff, as well as mentoring programs for people with physical disabilities.

The university canteen provides students, as well as academic, administrative and technical staff, with healthy and affordable food.Vegetarian and gluten-free food options are also available in the canteen.The clothing and hygiene of the staff working in the canteens are regularly checked and they undergo medical check-ups at appropriate periods. At the same time, the quality of all food is regularly checked by the Food Safety Agency of the Republic of Azerbaijan.

Awareness Seminar on the Harmful Effects of Narcotic Substances

Lankaran State University (LSU) organized an awareness seminar entitled “Stay Away from Harmful Substances to Protect Our Health” within the framework of Azerbaijan’s 2025–2030 State Programme on Combating the Illegal Trafficking of Narcotic Drugs and Drug Addiction.

During the seminar, Dr. Saida Farajova, Lecturer at the Department of Physics, Chemistry and Biology, delivered a presentation on the harmful effects of narcotic drugs and their precursors on human health.

Other university representatives and students also shared their views on the topic.

The seminar aimed to raise students’ awareness of the dangers of narcotic substances, promote healthy lifestyles and strengthen young people's social responsibility in combating drug addiction.




Sağlamlığımızı qorumaq üçün
zəhərli maddələrdən uzaq duraq



